



Mama
Rita



STARTERS

SHARE THE LOVE

GRANDMA'S MEAT PASTRIES

Oven-baked puff pastries filled with meat, pine nuts and our unique tahini & fresh tomato mix. (4 pieces)

35 AED

BEETROOT HUMMUS

The perfect fresh dip of hummus and beetroot, served with cucumber and carrot sticks.

23 AED

BEETROOT AND SPINACH FATAYER

Wholemeal oven-baked fatayer with a juicy beetroot and spinach filling. (5pieces)

26 AED

OVEN-BAKED VEGGIES

A colourful mix of oven-baked vegetables: zucchini, mushrooms, carrots, sweet potato, asparagus, garlic, onion, broccoli and cauliflower.

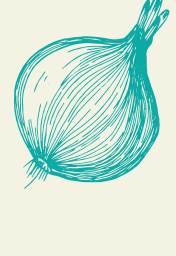
23 AED

MAMA'S SOUP

LENTIL SOUP

A hearty and homey lentil soup.

19 AED



SALADS

RITA'S GRILLED HALLOUMI SALAD NEW

The perfect mediterranean salad filled with grilled halloumi slices, cherry tomatoes, green olives, green apples, baby spinach and rocca, garnished with walnuts and sesame with your choice of balsamic or lemon oil dressing.

35 AED

WHOLESOME CAULIFLOWER SALAD

A fresh mix of charred cauliflower with coriander pesto and a zesty tahini sauce, garnished with crunchy cashew nuts and pomegranate seeds.

34 AED

QUINOA SALAD

A rich quinoa salad with pomegranate seeds, avocado, green apple, dried cranberries, roasted hazelnuts and coriander in an olive oil and lemon dressing.

35 AED

SUPER FOOD KALE SALAD

The ultimate kale salad with carrots, lentils, cherry tomatoes, beetroot, corn, pomegranate seeds and black sesame seeds, tossed in a mustard lemon dressing.

35 AED

MAMA'S FATTOUSH

Refreshing salad full of flavours with tomatoes, cucumbers, dried zaatar, lettuce, mint, parsley and radish, in a tangy sumac, lemon, olive oil, light garlic dressing.

24 AED

OUR FAVOURITE TABOULEH

Traditional healthy and vegan Mediterranean salad with parsley, tomatoes, burghul, spring onions, mint, lemon, olive oil and salt.

21 AED



MAINS

MAMA'S PASTA

VEGETARIAN LASAGNA

The perfect vegetarian lasagna filled with carrots, zucchini, eggplants, mushrooms, chopped basil, and celery with layers of bechamel, tomato veggie sauce, and topped with cheesy mozzarella and parmesan.

44 AED

MAMA'S FETTUCCHINE CHICKEN PASTA

Fettuccine pasta tossed in a special creamy white sauce, with flavourful nutmeg and chicken.

44 AED



THE ORIGINAL LASAGNE

The classic oven-baked lasagne layered with bechamel and bolognese sauce.

45 AED

RICE LOVERS

MAMA'S VEGETABLE CURRY NEW

Healthy & flavorful classic vegetable curry with hearty zucchini, baby spinach, carrots, broccoli, asparagus, and leeks simmered with savory spices and rich coconut flavors. Served with steamed rice.

47 AED

SUPER SALMON AND MANGO BOWL

Sesame coated salmon with homemade vinaigrette sauce on a plate of white rice. Topped with mango cubes, cilantro, asparagus and broccoli.

58 AED

BEEF STROGANOFF

Our special take on the Russian dish with beef strips, shallots, mushrooms and steamed rice.

49 AED

PEANUT BUTTER CHICKEN

An African-inspired dish with tender grilled chicken, peanut butter sauce and steamed rice.

Mama's tip: add some chilli for a kick.

47 AED



ORIENTAL RICE WITH LAMB

Our traditional Middle Eastern rice rich in spices, topped with lamb and served with crunchy nuts on the side.

47 AED



THE ORIGINAL MLOUKHIYEH

A Middle Eastern wholesome stew served with steamed rice and topped with the healthy green vegetable.

Mama's tip: add some lemon and chilli for a kick.

42 AED

FROM THE LAND

RITA'S KEBBE BEL SANIYE

Mouth-watering minced beef blended with fine bulgur, with a mix of our special spices baked to perfection with a choice of yogurt and cucumber or cabbage salad on the side.

44 AED

TRADITIONAL KEBBE BI LABAN

Burgul blended minced beef with onions and our selection of fresh herbs and spices cooked in yogurt.

42 AED

TRADITIONAL SHISH BARAK

Homemade minced beef stuffed shish barak cooked in yogurt.

42 AED

TRADITIONAL KIBBEH AND SHISH BARAK BI LABAN

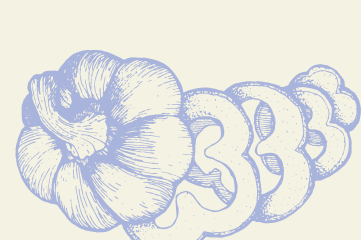
Our favorite home meal of traditional kebbe & shish barak mixed in yogurt served with rice on the side.

42 AED

MAMA'S WARAK ENAB

Straight from the potted vine leaves served with tender lamb cutlets and a lemon garlic sauce. Comes with a side of yogurt.

58 AED



RITA'S HOMEMADE SHAWARMA PLATTER

Mouth-watering tender beef shawarma marinated overnight with Mama's special spices. Served with a side of radish, sumac and parsley mix, fresh tahini and bread.

47 AED

OVEN-BAKED CHICKEN AND POTATO

Oven-baked chicken, potatoes and mushrooms marinated overnight in a lemon, garlic, olive oil and Himalayan salt mix. Served with a two-tone cabbage salad.

44 AED

HOME-MADE SIYADIYE

Grilled seasoned fish on a bed of flavorful rice topped with fried onions and brown sauce on the side.

44 AED

FRUIT

FRESH FRUIT PARADISE

Inspired by Lebanon's favourite fruit snack: layers of fruits, avocado & mango purée, topped with soaked nuts.

32 AED

FOR THE SWEET ONES

HEAVENLY CHEESECAKE

Our perfectly cube-shaped baked cheesecake jar topped with fresh strawberries and strawberry purée .

32 AED

SESAME SEEDS & HAZELNUTS BITES

Toasted sesame seeds with hazelnuts.

32 AED

MAMA'S SPECIAL CARROT CAKE

A soft and fluffy carrot cake with hints of pineapple and coconut.

26 AED

THE BLUEBERRY CAKE

A blueberry cake with hints of orange, topped with blueberries and roasted almonds.

26 AED

TO ORDER:
MAMARITA.COM
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