



# Mama Rita



## STARTERS

### SHARE THE LOVE

#### GRANDMA'S MEAT PASTRIES

Oven-baked puff pastries filled with meat, pine nuts and our unique tahini & fresh tomato mix. (4 pieces)

35 AED

#### BEETROOT HUMMUS

The perfect fresh dip of hummus and beetroot, served with cucumber and carrot sticks.

23 AED

#### BEETROOT AND SPINACH FATAYER

Wholemeal oven-baked fatayer with a juicy beetroot and spinach filling. (5 pieces)

26 AED

#### OVEN-BAKED VEGGIES

A colourful mix of oven-baked vegetables: zucchini, mushrooms, carrots, sweet potato, asparagus, garlic, onion, broccoli and cauliflower.

23 AED

### MAMA'S SOUP

#### LENTIL SOUP

A hearty and homey lentil soup.

19 AED



### SALADS

#### WHOLESOME CAULIFLOWER SALAD

A fresh mix of charred cauliflower with coriander pesto and a zesty tahini sauce, garnished with crunchy cashew nuts and pomegranate seeds.

34 AED

#### QUINOA SALAD

A rich quinoa salad with pomegranate seeds, avocado, green apple, dried cranberries, roasted hazelnuts and coriander in an olive oil and lemon dressing.

35 AED

#### SUPER FOOD KALE SALAD

The ultimate kale salad with carrots, lentils, cherry tomatoes, beetroot, corn, pomegranate seeds and black sesame seeds, tossed in a mustard lemon dressing.

35 AED

#### MAMA'S FATTOUSH

Refreshing salad full of flavours with tomatoes, cucumbers, dried zaatar, lettuce, mint, parsley and radish, in a tangy sumac, lemon, olive oil, light garlic dressing.

24 AED

#### OUR FAVOURITE TABOULEH

Traditional healthy and vegan Mediterranean salad with parsley, tomatoes, burghul, spring onions, mint, lemon, olive oil and salt.

21 AED



## MAINS

### MAMA'S PASTA

#### VEGETARIAN LASAGNA

The perfect vegetarian lasagna filled with carrots, zucchini, eggplants, mushrooms, chopped basil, and celery with layers of bechamel, tomato veggie sauce, and topped with cheesy mozzarella and parmesan.

44 AED

#### RITA'S NOUILLES

Fettuccine pasta tossed in a special creamy white sauce, with flavourful nutmeg and chicken.

44 AED



#### THE ORIGINAL LASAGNE

The classic oven-baked lasagne layered with bechamel and bolognese sauce.

45 AED

#### BASIL PESTO PASTA

Traditional fusilli pasta with an aromatic pesto sauce, topped with parmesan and roasted pine nuts.

47 AED



### RICE LOVERS

#### HOME-MADE SIYADIYE NEW

Grilled seasoned fish on a bed of flavorful rice topped with fried onions and brown sauce on the side.

44 AED

#### SUPER SALMON AND MANGO BOWL

Sesame coated salmon with homemade vinaigrette sauce on a plate of white rice. Topped with mango cubes, cilantro, asparagus and broccoli.

58 AED

#### BEEF STROGANOFF

Our special take on the Russian dish with beef strips, shallots, mushrooms and steamed rice.

49 AED

#### PEANUT BUTTER CHICKEN

An African-inspired dish with tender grilled chicken, peanut butter sauce and steamed rice.

Mama's tip: add some chilli for a kick.

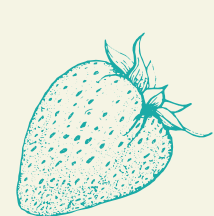
47 AED



#### ORIENTAL RICE WITH LAMB

Our traditional Middle Eastern rice rich in spices, topped with lamb and served with crunchy nuts on the side.

47 AED



#### THE ORIGINAL MLOUKHIYEH

A Middle Eastern wholesome stew served with steamed rice and topped with the healthy green vegetable.

Mama's tip: add some lemon and chilli for a kick.

42 AED

### FROM THE LAND

#### RITA'S KEBBE BEL SANIYE NEW

Mouth-watering minced beef blended with fine bulgur, with a mix of our special spices baked to perfection with a choice of yogurt and cucumber or cabbage salad on the side.

44 AED

#### TRADITIONAL KEBBE BI LABAN NEW

Burgul blended minced beef with onions and our selection of fresh herbs and spices cooked in yogurt.

42 AED

#### TRADITIONAL SHISH BARAK NEW

Homemade minced beef stuffed shish barak cooked in yogurt.

42 AED

#### TRADITIONAL KIBBEH AND SHISH BARAK BI LABAN NEW

Our favorite home meal of traditional kebbe & shish barak mixed in yogurt served with rice on the side.

47 AED

#### MAMA'S WARAK ENAB

Straight from the pot vine leaves served with tender lamb cutlets and a lemon garlic sauce.

58 AED



#### RITA'S HOMEMADE SHAWARMA PLATTER

Mouth-watering tender beef shawarma marinated overnight with Mama's special spices. Served with a side of radish, sumac and parsley mix, fresh tahini and bread.

47 AED

#### OVEN-BAKED CHICKEN AND POTATO

Oven-baked chicken, potatoes and mushrooms marinated overnight in a lemon, garlic, olive oil and Himalayan salt mix. Served with a two-tone cabbage salad.

44 AED

## FRUIT

#### FRESH FRUIT PARADISE

Inspired by Lebanon's favourite fruit snack: layers of fruits, avocado & mango purée, topped with soaked nuts.

32 AED

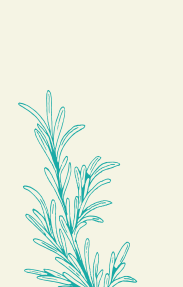


## FOR THE SWEET ONES

#### HEAVENLY CHEESECAKE

Our perfectly cube-shaped baked cheesecake jar topped with fresh strawberries and strawberry puree.

32 AED



#### SESAME SEEDS & HAZELNUTS BITES NEW

Toasted sesame seeds with hazelnuts.

32 AED

#### KNÉFE

Our family's favourite knéfe, warm on the inside, crunchy on the outside. Mama's tip: Drizzle our sugar syrup on top. (1 slice)

28 AED

#### MAMA'S SPECIAL CARROT CAKE

A soft and fluffy carrot cake with hints of pineapple and coconut. (1 slice)

26 AED

#### THE BLUEBERRY CAKE

A blueberry cake with hints of orange, topped with blueberries and roasted almonds. (1 slice)

26 AED

TO ORDER:  
MAMARITA.COM  
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