



Mama  
Rita



## STARTERS

SHARE THE LOVE

### TURKEY PISTACHIO BITES

Delicious oven-baked turkey & pistachio slices with a mint cranberry dip. (4 pieces)  
27 AED

### GRANDMA'S MEAT PASTRIES

Oven-baked puff pastries filled with meat, pine nuts and our unique tahini  
& fresh tomato mix. (4 pieces)  
33 AED

### BEETROOT HUMMUS

The perfect fresh dip of hummus and beetroot, served with cucumber and carrot sticks.  
19 AED

### BEETROOT AND SPINACH FATAYER

Wholemeal oven-baked fatayer with a juicy beetroot and spinach filling. (4 pieces)  
23 AED

### OVEN-BAKED VEGGIES

A colourful mix of oven-baked vegetables: zucchini, mushrooms, carrots,  
sweet potato, asparagus, garlic, onion, broccoli and cauliflower.  
19 AED



### MAMA'S SOUP

#### LENTIL SOUP

A hearty and homey lentil soup.  
17 AED

### SALADS



#### QUINOA SALAD

A rich quinoa salad with pomegranate seeds, avocado, green apple, dried cranberries,  
roasted hazelnuts and coriander in an olive oil and lemon dressing.  
35 AED

#### SUPERFOOD KALE SALAD

The ultimate kale salad with carrots, lentils, cherry tomatoes, beetroot, corn,  
pomegranate seeds and black sesame seeds, tossed in a mustard lemon dressing.  
35 AED

#### MAMA'S FATTOUSH

Refreshing salad full of flavours with tomatoes, cucumbers, zaatar, lettuce, mint,  
parsley and radish, in a tangy sumac, lemon, olive oil, light garlic dressing.  
24 AED

#### OUR FAVOURITE TABOULEH

Traditional healthy and vegan Mediterranean salad with parsley, tomatoes, burghul,  
spring onions, mint, lemon, olive oil and salt.  
21 AED



TO ORDER:  
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## MAINS

### MAMA'S PASTA

#### PAPRIKA CREAM PASTA WITH CHICKEN

A family favourite shell pasta with chicken in a pink paprika cream sauce.

45 AED

#### RITA'S NOUILLES

Fettuccine pasta tossed in a special creamy white sauce, with flavourful nutmeg and chicken.

39 AED

#### THE ORIGINAL LASAGNE

The classic oven-baked lasagne layered with bechamel and bolognese sauce.

45 AED

#### BASIL PESTO PASTA

Traditional fusilli pasta with an aromatic pesto sauce, topped with parmesan and roasted pine nuts.

47 AED

### RICE LOVERS

#### BEEF STROGANOFF

Our special take on the Russian dish with beef strips, shallots, mushrooms and steamed rice.

47 AED



#### PEANUT BUTTER CHICKEN

An African-inspired dish with tender grilled chicken, peanut butter sauce and steamed rice.

Mama's tip: add some chilli for a kick.

47 AED

#### ORIENTAL RICE WITH LAMB

Our traditional Middle Eastern rice rich in spices, topped with lamb and served with crunchy nuts on the side.

39 AED

#### THE ORIGINAL MLOUKHIYEH

A Middle Eastern wholesome stew served with steamed rice and topped with the healthy green vegetable.

Mama's tip: add some lemon and chilli for a kick.

39 AED



### FROM THE LAND

#### RITA'S HOMEMADE SHAWARMA PLATTER

Mouth-watering tender beef shawarma marinated overnight with Mama's special spices.

Served with a side of radish, sumac and parsley mix, fresh tahini and bread.

42 AED

#### OVEN-BAKED CHICKEN AND POTATO

Oven-baked chicken, potatoes and mushrooms marinated overnight in a lemon, garlic, olive oil and Himalayan salt mix. Served with a two-tone cabbage salad.

39 AED

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## FRUIT

### FRESH FRUIT PARADISE

Inspired by Lebanon's favourite fruit snack: layers of fruits, avocado & mango purée, topped with soaked nuts.

26 AED

## FOR THE SWEET ONES

### KNÉFE

Our family's favourite knéfe, warm on the inside, crunchy on the outside.

Mama's tip: Drizzle our sugar syrup on top. (1 slice)

28 AED



### MAMA'S SPECIAL CARROT CAKE

A soft and fluffy carrot cake with hints of pineapple and coconut. (1 slice)

26 AED

### THE BLUEBERRY CAKE

A blueberry cake with hints of orange, topped with blueberries and roasted almonds. (1 slice)

26 AED

